

## **Some Safe Cycling Tips.....**

**Always wear a helmet - it is your best protection against head injury.**

**Obey all applicable traffic regulations, signs, signals, and markings. Bicycles are subject to the same rules of vehicular traffic, wherever they apply.**

**Observe all local ordinances pertaining to bike safety. It is your responsibility to know them and abide them.**

**Keep right: drive with traffic, not against it. Drive single file. Keep as close to the curb as practical.**

**Watch out for drain grates, soft shoulders and other road surface hazards.**

**Watch out for car doors opening or for cars pulling into traffic.**

**Don't carry passengers or packages that interfere with your vision or control.**

**Never hitch a ride on a truck or other vehicle.**

**Be extremely careful at intersections, especially when making a left turn. Most accidents happen at intersections. If traffic is heavy, get off and walk your bike with pedestrian traffic.**

**Use hand signals to indicate turning or stopping.**

**Protect yourself at night with the required reflectors and lights.**

**Drive a safe bike. Have it inspected.**

**Drive your bike defensively; watch out for the other guy.**

