

## **Update on DOE Guidance on Preparing and Coping with the 2009 H1N1 Influenza Outbreak**

This is an update of the **September 24, 2009, DOECAST** entitled ***Pandemic Influenza for Department of Energy Employees.***

The Centers for Disease Control (CDC) guidance provides that employees who are well, but who have an ill family member at home with H1N1 flu can go to work as usual. These employees should monitor their health every day, but take necessary precautions that should always be taken, including washing their hands often with soap and water, especially after coughing and sneezing. Such employees should also consider discussing teleworking with their supervisor. If you experience any flu like symptoms, you should stay home until you are no longer contagious (at least 24 hours after your fever is gone).

DOE's pandemic web site is at <http://www.hss.energy.gov/healthsafety/pandemic.html>

Additional guidance that has been prepared jointly by the Department of Health and Human Services, the Centers for Disease Control, and the Office of Personnel Management as a toolkit for the Federal workforce is available at [http://www.flu.gov/professional/federal/workplace/federal\\_toolkit.pdf](http://www.flu.gov/professional/federal/workplace/federal_toolkit.pdf).

Please note that the guidance is subject to change at any time, so supervisors and employees should check the web sites periodically to get the latest guidance if an issue or question arises and contact their servicing human resources staff for assistance.